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Franky Martin awarded the Triple Crown

First given in 2005, this award is given to youth Arrowmen who have attended and completed Order of the Arrow High Adventure programs at all three of the national high adventure bases in the Boy Scouts of America. It is one of the few national awards given by the Order of the Arrow to members while they are still youth.

The National High Adventure Bases are:

The Wilderness Voyage. The Order of the Arrow Wilderness Voyage program is a fourteen-day experience at the Charles L. Sommers Canoe Base, part of the Northern Tier National High Adventure Bases, in Ely, Minnesota. The OA Voyage program is inspired by the traditions of the French Voyageurs who ventured the northern wilderness during the 1700-1800's. Traveling thousands of miles by water and portage, these Voyageurs were hired to haul goods and furs to trade with Native Americans and Europeans. In the spirit of these adventurers, Arrowmen will embark on a voyage that is twofold. One-half of the OA Northern Tier Wilderness Voyage focuses on portage trail and campsite maintenance within the Boundary Waters. The remaining expedition is spent on a canoeing adventure that is planned and chosen by the participants in the program.

The Order of the Arrow

Wilderness Voyage program is a once-in-a-lifetime opportunity to experience the principles of Brotherhood, Cheerfulness, and Service in action.

The Philmont Trail Crew.

The Order of the Arrow is offering you an opportunity to join other Arrowmen in cheerful service and the formation of lasting brotherhood on the trails of Philmont Scout Ranch. Under the direction of the Philmont Conservation Department, experienced Philmont staff members with strong Order of the Arrow backgrounds will lead participants on the two week trail crew and trek. The program is a fourteen day experience. The first week focuses on trail construction and maintenance under the guidance of Philmont trail crew foremen. The second week is a seven day backpacking trek that is designed by the participants. The program is not simply building trail and hiking though, the OA Trail Crew is ultimately a journey that challenges Scouts mentally, physically, and spiritually. The Ocean Adventure

Located in the Florida Keys, this program is a 10-day experience in which you will experience wilderness camping, kayaking, sailing, fishing, snorkeling, team building (including a trip on a war canoe) and of course cheerful service. The program will be conservation based

and will seek to help protect



the eco-system of the Florida Keys.

In addition to the conservation service, participants will strengthen leadership skills, learn about the Keys ecosystem and its marine environment, experience life afloat and strengthen understanding of the Order of the Arrow.

The Canadian Odyssey

After ten successful years in Minnesota, the OA Wilderness Voyage is expanding its area of operation with the introduction of the Canadian Odyssey. Adjacent to the Boundary Waters of Minnesota rests the Quetico Provincial Park in Ontario. Together they make up the wilderness portion of the greater Quetico-Superior area. For nearly 100 years, the Quetico has remained largely untouched by conservation efforts even though it is traveled by a quarter of a million people each year, many of whom are from the United States. Both the Order of the Arrow and Canadian authorities are eager to act on this opportunity for service. (continued on page 7)

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SR-7A Conclave

Nawakwa Lodge will be hosting this year's event on the weekend of April 29th to May 1st - Camp Brady Saunders in Richmond, Virginia.

The theme of the event will be 'Hear the Whisper, Ignite the Light'.

Registration is still open but the deadline has passed for pre-ordering additional conclave merchandise. Late fees

31st and there is no guarantee Charlie is also holding regular that tee- shirts will be available for late registrants.

The lodge theme for the event is "Lord of the Rings". Wahunsenakah is planning to take this conclave by storm. The Lodge Chair for this event is Charlie Baynard and the Lodge Advisor is Gene Parsons. If you have questions, you can contact them. You can also post questions on the facebook will be assessed on March lodge conclave group page.

practice at Liberty Baptist Church in Hampton for the sporting elements on Sunday afternoons.

As CVC, Alan Booth is putting together awesome training opportunities for Saturday.

Registration directions can be found on the lodge website:cvcboyscouts.org/OA



<u>SummitCorps</u>

The National Order of the Arrow Committee is pleased to announce SummitCorps - The New River Experience - a hybrid of *ArrowCorps*⁵ and our OA High Adventure programs. During July 2011, SummitCorps - The New River Experience will provide service to the New River Gorge National River in West Virginia. Upgrading the trail bed of the Garden Grand Hike and Bike Trail, along with invasive species removal,

will be the focus of the project. The Garden Grand Hike and Bike Trail connects the New River Gorge National River to the Boy Scout's new high adventure base and home of the Jamboree - The Summit: The **Bechtel Family National** Reserve.

The Lodge Contingent will participate the week of July 3 - July 9. This contingent is full at this time. But if you are interested in going, the lodge can request additional spots if they are available. In

order to reserve one of these spaces, the lodge will need your deposit submitted to the scout office.

The chairman for SummitCorps is Ben Scarboro and the advisor is Bill Johnson. They would be more than happy to field additional question you may have.

You can also refer to www.event.oa-bsa.org for a complete description and videos.



Indian Summer

Get ready to move your feet, catch your rhythm, and awake your principal at Indian Summer 2011. Check out the exciting opportunities for you and your Lodge! Indian Summer 2011 will be held at the Ridgecrest Conference Center, Asheville, N.C. the week of August 1 - 6, 2011.

The fee is, depending on choice of housing, \$325 or \$425 - both are in air conditioned rooms. The fee also includes 5 nights, 14 meals, program materials and recognition items.

There is still availability on the lodge contingent so if you are interested please

turn in your deposit to the scout office.

The chair for this event is Tim Pryor and the advisor is Barry Green. They can help you if you have questions.

You can also visit: www.event.oa-bsa.org for a complete description and videos.

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Kiskiack Chapter Rock Wall Lock-In

COST

When: Saturday March 12th-Sunday March 13th (8:45 pm.-7:00am.) Where: Peak Experiences

Where: Peak Experiences 11421 Polo Circle Midlothian, VA

Cost is \$40 per person, registration limited to the first 75 paid applicants. If we reach our registration limit, we will arrange for you to be put on a waiting list.

All applicants MUST sign the waiver attached to the permission slips in order to go. They must also mail in their medical form (Parts A &C) as well before the event. PIZZA, DRINKS, AND SNACKS ARE INCLUDED IN THE

MEDICAL FORMS WILL NOT BE ACCEPTED AT THE EVENT ITSELF. WE ARE GIVING YOU A BLUNT WARNING THAT IF YOU DO NOT PREVIOSULY TURN IN YOUR MEDICAL FORM BEFORE THE EVENT, WE CANNOT AND WILL NOT ALLOW YOU TO CLIMB, AND YOU WILL
BE TURNED AWAY AT THE DOOR NO MATTER HOW FAR YOU DROVE.
ABSOLUTELY NO EXCEPTIONS

REGISTRATION DEADLINE FEB. 28TH

EVERYONE IS RESPONSIBLE FOR THEIR OWN TRANSPORTATION.

Carpools are encouraged, and lodges/chapters can make their own arrangements if they choose to do so.

J.Trask

Lodge Leadership Development Training

Hear ye, hear ye!

Wahunsenekah Lodge is changing things up in 2011 and putting on TWO Lodge Leadership Development Conferences.

The first of which is Taking place 16 April, 2011 at the US Coast Guard Station

located off of US-17. This event promises to encompass several essential topics every Arrowman should know and understand.

If you're new, please come! It's a great way to get to know what the

Lodge does and how you can help our Order. If you're a longtime veteran, come anyway, because nobody knows everything and you can always stand to learn some more!

D. Bonnizzio



NOAC 2012

Preparations are already underway for the 2012 NOAC at Michigan State University in East Lansing, MI. The tentative date for the 2012 NOAC is July 30th through August 4th. National says "Mark the Date" now!

The shift in holding NOAC in 2012 was so the following NOAC 2015, would fall on the 100th anniversary of the Order of the Arrow.

MSU hosted NOAC in 2006 and they have outstanding resources and a campus that is very easy to navigate.

So start saving, mark the date and plan to have a blast at NOAC 2012



ADVISOR'S MINUTE



"The Order of the Arrow is a 'thing of the spirit' rather than of mechanics. Organization, operational procedure, and paraphernalia are necessary in any large and growing movement, but they are not what count in the end. The things of the spirit count: Brotherhood, in a day when there is too much hatred at home and abroad:

Cheerfulness, in a day when

the pessimists have the floor:

millions are interested only in

getting or grasping rather than

Service, in a day when

giving."

E. Urner Goodman

Behavioral scientists have documented something that they refer to as the "Pike Syndrome" which can hold us back as individual Arrowmen and as a Lodge as well.

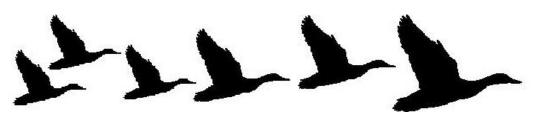
The pike is a fierce carnivorous fish that eats smaller fishes. In an interesting experiment, scientists took a pike and placed it into a large tank with many smaller fishes. The pike however, was separated from these smaller preys by a layer of glass, forming a barrier preventing the pike from reaching its prey. The pike continuously smashed itself against the glass barrier while trying to reach its prey, but was unsuccessful in its attempts in penetrating this clear glass barrier which in the water was invisible to the pike. Gradually, it became discouraged and discontinued this behavior. The pike eventually sank to the bottom of the tank and just laid there. When the pike finally stopped hitting the glass barrier, the scientists removed the barrier, allowing the pike to feast. To their surprise, the pike continued ignoring the smaller fishes, even when they were swimming right next to the pike, even in parts of the tank where previously no small prey existed. Eventually, the pike starved to death while its food was swimming right in front of it. This behavior is referred to as the "Pike Syndrome"

So, what lessons can we Arrowmen take from this "Pike Syndrome" behavior? Pike Syndrome demonstrates that our minds are indeed very much in control of our behavior. In the experiment, when the barrier is removed, the fish were swimming right in front of the pike, yet the pike still perceived the barrier to be in place and any effort to secure food to be futile; thus the pike starved to death. The pike still believed that the barrier was there and acted accordingly without investigating further. In real life, people are limited by a whole host of barriers such as age, abilities or even self confidence. It does not matter if the barrier is physically there or not, if our minds perceive an obstacle, then a limitation is very much in place. We have all known friends, relatives, acquaintances or fellow Scouts who consistently fail to meet their potential, simply because they don't believe in themselves.

Additionally, this experiment reminds us that it is often difficult to identify change, even when preexisting barriers are removed. In this case, the pike was unable to change its mindset when the glass wall was removed and, as a result, starved to death. Most of us suffer from the same problem as well. We too often assume that the barrier we previously identified in some manner is still in place when in fact, it has already disappeared.

So, let's try to identify cases of Pike Syndrome in Wahunsenakah and in our Scout units. Remove the self-imposed constraints that limit us as both individual Arrowmen and collectively as a Lodge (or troop or crew) by critically examining each situation and removing the false assumptions that hold us back. Too often we assume that because something may have been tried in the past and did not work, that it cannot possibly work now—it indeed may not work, but we must learn to avoid discarding ideas too easily, because it may simply have previously been an idea before its time.

WWW George Homewood



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THE CHIEF SPEAKS

Let me tell you a story of a young man and his journey to find a higher purpose.

A long time ago, a young man was chosen to be a part of an elite group of people. These people were comprised of the best examples of leadership, dedication, service, and spirit around. The young man was intimidated upon his induction to this group because he did not think that he, a mere youth, would be able to do anything to help further

this group's purpose of cheerfulness, brotherhood, and service. However, out of respect for those who chose him, he began to attend this group's gatherings, doing nothing more than background work and labor.

After many, many months of attending gatherings, providing service, and volunteering to the community, this young man wished to become something more. He approached a much older and experienced member of this group, and inquired how he could do this.

The other member, understanding of the young man's position and confusion, opened his ears to the pleas for opportunity and presented the young man's name as a candidate to fill a vacant leadership position. The leader of the group, a young but wise man, smiled when he heard of this young man's plea and appointed him to lead over the various projects for the community.

Happy, that young man began to work towards providing the best service the community had ever received and, many more months later, found himself sitting at the head of this group as one of its leaders. His original position had become open after some time, and it was now he who heard another younger, newer man's name being spoken for this position. Smiling, and remembering how this exact opportunity had helped him to become who he was today, he appointed this younger man to this position, and so the cycle of leadership continued from one generation of leaders to the next.

Brothers, I ask you to take this story to heart and think about how each of you have some desire to be more than you are now, and seek out these seemingly small opportunities; after all, if something as small as community service helped a young man lead the best of the best, what can it do for you?

YIS/WWW Daniel Bonnizzio Wahunsenakah Lodge Chief

VICE CHIEF AND COMMITTEES

From the office of the 1st Vice Chief:

The past few months have been extremely productive and enjoyable, including in the service of our Lodge. The next few months are certainly looking to be quite exciting and productive as well! The Lodge is preparing to attend Conclave and get ready for summer activities – including SummitCorps and Indian Summer, both once in a lifetime opportunities! This is a great example of a way the Order of the Arrow is able to give to its members take advantage of this! Also, the LLDC (the Lodge Leadership Development Conference) is coming up attend this event on April the 16th, at the Yorktown Coast Guard Training Center, to hone in your leadership skills and learn more about our lodge (there is a form you have to fill out to come and attend, but the cost is free)! Remember to spend your time wisely, giving service to others!

> Yours in Service, Graham Parsons

From the office of 2nd Vice Chief:

I am in need of support for the conclave. As Conclave CVC, we are in the process of putting together outstanding training opportunities at the event.

I need your impute and your assistance!!

I'm looking for hosts and trainers.

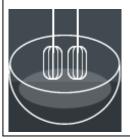
If you are available to help at the conclave,

I would love to have you on our team.

WWW,

Alan Booth

The Kitchen Committee would like to congratulate the following Arrowmen for receiving their aprons for continued service and hard work.



Jacob Defreeuw
Christian Jones
Dokyun Kim
Bobby Locke
Raines Howell, Jr
Nico Merced
Russell Morris, III
Brad Phinney



KISKIACK CHAPTER JOEY TRASK: CHIEF

Our chapter is looking forward to another successful year in Wahunsenakah Lodge. Although we came short of earning Quality Chapter last year by a single Brotherhood conversion, we have proven ourselves to be a tenacious chapter, if not the most tenacious in the Lodge. We have continued to serve the scouts here in the City of Newport News with an exhilarating chapter program, and in continuing to do so, we are slowing working to bridge the gap between troops and the Order of the Arrow here in James River District. By offering events such as our Chapter Canoe Trip last September, and a Annual Rock Climbing Lock-In starting this March, we have given scouts in our region a reason to get involved in the Order of the Arrow, and explore the opportunities that our Brotherhood offers. I hope that other chapters benefit from what we are doing, and I look forward to the endless possibilities that our chapters can take advantage of in the years to come.

> Joe Trask Kiskiack Chapter Chief



WICOMICO CHAPTER AUSTIN PIERCE: CHIEF

Scout Sunday was officially Feb. 6th this year; but of course you knew that. What you may not know was that Wicomico Chapter was providing a community service by directing traffic and the parking of vehicles at the Yorktown Visitor center. There was a turn-out of approximately forty Arrowmen.

This year the weather was very supportive. It was only cold and dark; not complicated with snow and air temperature so cold as to freeze automobile doors shut like it did last year. The sunrise service was very beautiful and visually complimented by the rising sun. An excellent service was provided Chaplain Fred Hilder again this year. I'm pretty sure all scouts and scouters in attendance received Scout Sunday patch to add to their collection or their favorite scout garment.

If you stayed around for breakfast, it was served at the Coast Guard Station down the road from the Visitor Center. The food was excellent and plentiful and gave us a great opportunity to get back in touch with old friends and acquaintances. I'll be looking to sign up for this activity again next year.

Have a great Scouting Day! Austin Pierce, Chapter Chief



NOTTOWAY CHAPTER ZACHARY DAVIS: CHIEF

Nottoway has held an election for troop 209 and performed a crossing over ceremony for pack 209. Nottoway will be holding an election for troop 16 on February 16, and election for troop 17, and a crossing over ceremony for pack 209 on February 27.

> WWW Zach Davis, Chapter Chief



PAMUNKEY CHAPTER PABLO FABIAN: CHIEF

Since Fall Fellowship, Pamunkey chapter has met monthly at the Wesley United_Methodist Church on North Armistead in Hampton at 6:30 PM the first Wednesday of the month.

We have expanded into our own Pamunkey Chapter facebook group, and also have a google group.

We did 3 full days of clean up over the holidays at the Grandview Nature preserve.

And we have attended the Conclave preparation sessions at Liberty church on Bethel Road in Hampton.

We have also performed more than 5 unit elections, and 3 cross over ceremonies and supported Eagle court of honors.

We also had several members attend the Council of Chiefs, and the LECs each month.

We look forward to hoisting both the spirit award and the golden arrow at this year's conclave.

Our chapter chief plans a bowling adventure for one of the upcoming Chapter meetings.

WWW, Pablo Fabian Chapter Chief Page 7 Duck Call



NO Report



NANSEMOND CHAPTER CORY FOSTER: CHIEF

NO Report

SPRING SERVICE WEEKEND ******* PLEASE NOTE *******

Elections for Lodge Leadership positions will take place at the Spring Service Weekend. Nominations for various positions of Chief need to be submitted to the LEC by the next LEC which is March 13. If you have questions regarding the positions or the roles involved, please feel free to discuss with Mr. Homewood or the Chiefs themselves.

Chapter Elections will also take place at the Spring Service weekend. If you have interest in serving on your chapter level, please discuss with your chapter advisor.

(TRIPLE CROWN CONTINUED)

It is an honor and a pleasure that we announce Franky Martin as the recipient of this award. We are sure that he would love to share his experiences of his many adventures if you have questions. If he has pictures, maybe we can coax him to bring a scrapbook to the spring service weekend to share.

2010 Lodge Honor Members

Jennifer Ammentrop	Kiskiack	Nathaniel Johnson	Nansemond
Alan Booth	Kiskiack	William Johnson	Nansemond
Jeffrey Booth	Kiskiack	Franky Martin	Piankatank
Susan Booth	Kiskiack	Lee Martin	Piankatank
Wyatt Booth	Kiskiack	Dawn Morris	Wicomico
Kurt Boucher	Wicomico	Russell Morris	Wicomico
Thomas Guss	Kiskiack	Eugene Parsons	Pamunkey
George Homewood	Piankatank	Graham Parsons	Pamunkey
Ian Homewood	Piakatank	Ben Scarboro	Nottoway
Carl Horne	Pamunkey	Bill Scarboro	Nottoway
Casey Johnson	Nansemond	Grant Scarboto	Nottoway
Eric Johnson	Wicomico	Merv Wagner	KISKIACK
Larry Johnson	Wicomico	Loren Zehr	Kiskiack

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Wahunsenakah Lodge 333

Colonial Virginia Council Boy Scouts of America 11721 Jefferson Avenue Newport News, VA 23606

Phone 757-595-3356 **Fax** 757-877-8611

Web:

www.cvcboyscouts.org/OA

Upcoming LEC Meetings

13 March 2011 16 April 2011 15 May 2011 14 August 2011 11 September 2011 9 October 2011 13 November 2011

At 5:00 pm

At the Scout Office 11721 Jefferson Ave Newport News, VA

BEAVER DAYS AT BAYPORT

Beaver Days are not just for the OA ... if your parents want to come out and play or others in your unit would like to help ... the camp would love to have them!

Help get the word out. You only need to give an RSVP to Ranger Joe before hand so he can plan out the work detail.

Get 'er done!! Next Beaver Day is March 19th



Team both have meetings and rehearsals the
2nd and 4th Sunday of the month
Denbigh Christian Academy
Newport News 2-4 PM

For information on the lodge and upcoming events

You can follow

Lodge Website: www.cvcboyscouts.org/OA

Come find us on FACEBOOK and TWITTER

For Information on the Section: www.sr7a.org
For Information on the National OA: www.oa-bsa.org

CEREMONIES CALL FOR ASSISTANCE

WE NEED arrow men that can help build fires, learn parts, work on regalia and work on making the ceremonies better in any way possible which would include their involvement all day, not just in the morning or afternoon.

Upcoming Dates

20 November 2010 Beaver Day
4 December 2010 Holiday Banquet
15 January 2011 Beaver Day
5 February 2011 SR7A Council of Chiefs
12 February 2011 Beaver Day
25-27 February 2011 Winter Svc Weekend
19 March 2011 Beaver Day
15-16 March 2011 LLDC
29 April- 1 May 2011 SR7A Conclave
20-22 May Spring Service Weekend
29 may Program Planning Conference
4 June Beaver Day